



COASTAL CUISINES



Konkan



Goan



Coastal
Andhra



Malabar



Coromandel



COASTAL CUISINES

'Tinge - Coastal Cuisines' takes you on a flavourful journey across India's coastal belt with delicious and authentic Konkani, Goan, Malabar, Coromandel and Coastal Andhra cuisines. Our delectable preparations are a perfect blend of spices and a variety of flavours from across the coast of India.

The tropical climate influences the food prepared across the coastal belt of India, giving rise to delicacies rich in the aroma, taste and texture of local spices and other ingredients.

Konkan Cuisine

Konkan cuisine comes from the shores of Maharashtra and Karnataka. These areas make abundant use of seafood, chillies, coconut, and local spices in their fiery dishes, providing a prominent coastal touch to the region's culinary fare.



Soups

Konkan	Tomato Saar - Veg. : 145
Goan	Zuppa de Camarao - Veg. : 145 Chicken : 165 Prawns : 175
Goan	Jade Galinha - Chicken : 165
Goan	Caldo Verdo - Veg. : 145
Malabar	Kerala Pepper Stew - Veg. : 145 Chicken : 165 Prawns : 175 Mutton : 185
Malabar	Rassam - Veg. : 145
Coromandel	Mulligatawny - Veg. : 145

Prices mentioned are in INR. Taxes as applicable.

Goan Cuisine

Goan cuisine needs no introduction, with classic delicacies like Cafreal and Xacuti known across the world. Some of the main ingredients used include rice, seafood, coconut, meat and local pices. Goa is a paradise for seafood lovers, with dishes incorporating a blend of flavours from native and foreign cultures.



Starters

Konkan	Dangar : 295 - Prawns Clams
Konkan	Malwani Sukha - Chicken : 295 Mutton : 405 Prawns : APS
Konkan	Koliwada - Chicken : 295 Prawns : APS
Goan	Masala Rawa Chilly : APS - Lobster Tiger Prawns Pomfret King Fish Chonak Modso Prawns Crabs
Goan	Stuffed Squids : APS
Goan	Fish Fingers : APS
Goan	Goan Chilli Fry - Mushroom : 195 Paneer : 245 Chicken : 295 Prawns : APS
Goan	Cafreal - Potato : 195 Paneer : 245 Chicken : 295 Prawns : APS
Goan	Peri Peri - Brinjal : 195 Ladyfinger : 195 Paneer : 245 Chicken : 295 Prawns : APS
Goan	Kismur : 195
Malabar	Ghee Roast - Chicken : 295 Mutton : 405 Prawns : APS
Malabar	Kerala Pepper Fry - Potato : 195 Paneer : 245 Chicken : 295 Mutton : 405 Prawns : APS
Coromandel	65 - Paneer : 245 Chicken : 295 Prawns : APS

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Malabar Cuisine

Malabari food is unique to the northern coastal region of Kerala, consisting of a plethora of vegetarian and non-vegetarian dishes that are a visual delight as well as a complete sensory experience. Malabar cuisine is distinct due to the influence of various cultures, as it incorporates the flavours of Arab, Brahmin, Zamorin and Chirakkal cooking styles – rich with the aroma and taste of regional spices and other ingredients.



Mains

Konkan	Varan : 195
Konkan	Ambat Batata : 195
Konkan	Malwani Rassa - Chicken : 345 Mutton : 445 Prawns : APS Crab : APS
Konkan	Bhaarli Vaangi : 245
Goan	Goan Fish Curry : APS - Kingfish Prawns
Goan	Xacuti - Chicken : 345 Mutton : 445 Crab : APS
Goan	Alsande Tonaak : 205
Goan	Crab Xec Xec : APS
Malabar	Mangalorean Ghassi Curry - Chicken : 345 Mutton : 445 Fish : APS Prawn : APS
Malabar	Padangi Tarkari Gassi : 245
Malabar	Sambar : 205
Malabar	Malabar Curry : APS - Kingfish Prawns
Coromandel	Chettinad - Chicken : 345 Mutton : 445 Fish : APS Prawn : APS
Coromandel	Nilgiri Korma - Chicken : 345 Mutton : 445 Fish : APS Prawn : APS
Coastal Andhra	Andhra King Fish Salan : APS
Coastal Andhra	Andhra Curry - Chicken : 345 Mutton : 445 Fish : APS Prawn : APS

Prices mentioned are in INR. Taxes as applicable.

Coromandel Cuisine

The Coromandel Coast spans the south-eastern coastal region of India, and is a vibrant culinary destination with spicy, mouth-watering surprises that are bound to excite and delight connoisseurs of great food.



Rice

Konkan	Masale Bhaat - Veg. : 225 Chicken : 325 Prawn : 425
Goan	Boiled Rice : 120
Goan	Steamed Rice : 120
Goan	Cafreal Biryani - Veg. : 225 Chicken : 325 Prawn : 425
Goan	Pulao - Veg. : 225 Chicken : 325 Prawn : 425
Malabar	Ghee Rice - Veg. : 225 Chicken : 325 Prawn : 425
Malabar	Malabar Biryani - Veg. : 225 Chicken : 325 Prawn : 425 Fish : 445
Coromandel	Curd Rice : 195
Coastal Andhra	Tamarind Rice : 125
Coastal Andhra	Andhra Pulao - Chicken: 325 Mutton : 445

Breads

Konkan	Phulka : 50
Konkan	Chapati : 50
Goan	Goan Bread : 50 - Undo Pav Poli
Malabar	Neer Dosa : 130
Malabar	Malabar Paratha : 130
Malabar	Appam : 130

Prices mentioned are in INR. Taxes as applicable.

Coastal Andhra Cuisine

Coastal Andhra cuisine is predominantly rice-based, making use of fiery chillies, mustard, groundnuts and curry leaves in irresistibly spicy seafood curries and other regional delicacies.



Desserts

Konkan	Karanji : 195
Konkan	Ukde Modak : 195
Goan	Seradurra : 195
Goan	Bebinca & Icecream : 195
Goan	Creme Caramel : 195
Malabar	Moong Daal Payasam : 195
Malabar	Gadbad Icecream : 195

Prices mentioned are in INR. Taxes as applicable.

Favourites

Soups

Crab & Asparagus	- 175
Cream Soup	- Tomato : 145 Mushroom : 145 Spinach : 145 Chicken : 175
Hot & Sour	- Veg. : 145 Chicken : 165 Seafood : 175
Manchow	- Veg. : 145 Chicken : 165 Seafood : 175

Starters

Tikka Malai Pahadi	- Paneer : 295 Chicken : 325
Chicken Chatpata	- 325
Tandoori	- Aloo : 225 Gobi : 225 Murgh : 325
Fried Chilly Chicken	- 325
Stuffed Mushroom	- 225
Crispy Szechwan Chilly	- Veg. : 225 Chicken : 325 Prawns : APS

Mains

Manchurian Shezwan Hong Kong Kung Pao Hunan	- Veg. : 250 Chicken : 325
Kadai Handi	- Veg. : 250 Chicken : 325
Thai Curry (Red Green Yellow)	- Veg. : 250 Chicken : 325
Mutton Rogan Ghost	- 445
Methi Mutter Malai	- 250
Aloo (Jeera Gobhi Mutter)	- 250
Bhendi Masaledaar	- 250
Paneer (Makhani Butter Masala Lababdar Palak Mutter)	- 300
Dal (Makhani Masala Fry)	- 300

Prices mentioned are in INR. Taxes as applicable.

Favourites

Rice & Noodles

Fried Rice Hakka Noodles	- Veg. : 220 Egg : 250 Chicken : 250 Prawns : 300
Szechwan Fried Rice Noodles	- Veg. : 220 Egg : 250 Chicken : 250 Prawns : 300
American Chopsuey	- Veg. : 220 Egg : 250 Chicken : 250 Prawns : 300
Dum Biryani	- Veg. : 225 Chicken : 325 Mutton : 425 Prawns : 445
Dal Khichdi	- 225

Sandwiches, Pizzas & Burgers

Grilled Sandwich	- Veg. : 200 Cheese : 225 Tomato-Cheese : 225 Egg : 225 Chicken : 245
Club Sandwich	- Veg. : 245 Chicken : 295
Pizza	- Veg. : 245 Chicken : 325
Burger	- Veg. : 245 Chicken : 345 Mutton : 395

Desserts

Fruit Salad Icecream	- 195
Icecream	- 155
Gulab Jamun	- 155
Gajar Halwa	- 155

Beverages

Tea Coffee	- 100
Lassi	- 130
Cappuccino Espresso	- 150
Fresh Juice	- 150
Cold Coffee	- Regular : 130 with Icecream : 175
Milkshake	- Regular : 160 with Icecream : 175

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If you have enjoyed our flavourful meal and service at Tinge,
then don't forget to review us on



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